

Descargar libros Waste Not gratis (PDF | ePub | Mobi) Erin Rhoads DG Media



'This is a much-needed guidebook from a true agent of change.' Sarah Wilson

We need to talk about waste. Shrink-wrapped vegies, disposable coffee cups, clothes and electronics designed to be upgraded every year: we are surrounded by stuff that we often use once and then throw away. Each year Australian households produce enough rubbish to fill a three-bedroom home, including thousands of dollars worth of food and an ever-increasing amount of plastic, which takes hundreds of years to break down and often ends up in our oceans or our food chain.

But what to do about such a huge problem? Is it just the price we pay for the conveniences of modern life? What if it were possible to have it both ways - to live a modern life with less waste?

That's where Erin Rhoads, aka The Rogue Ginger, comes in. Erin went from eating plastic-packaged takeaway while shopping online for fast fashion, to becoming one of Australia's most popular eco-bloggers. Erin knows that small changes can have a big impact. In Waste Not she shares everything she's learnt from her own funny, inspiring - and far-from-perfect - journey to living with less waste.

Learn how to:

- switch out the disposable plastics from your shopping trolley
- make simple cleaning solutions free from harmful chemicals
- find your favourite beauty products without all the packaging
- give a baby shower present that won't end up in the charity shop bag
- plan your own zero-waste wedding (and what 'zero waste' even means!)

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