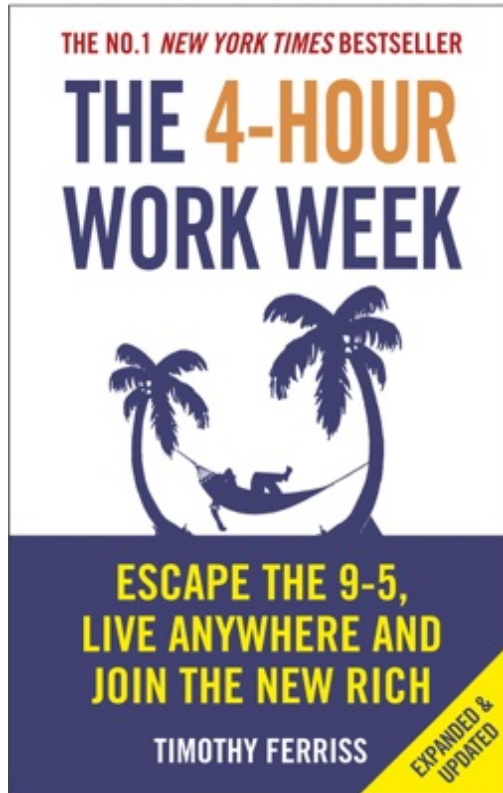


Descargar libros The 4-Hour Work Week gratis (PDF | ePub | Mobi) Timothy Ferriss DG Media



A new, updated and expanded edition of this *New York Times* bestseller on how to reconstruct your life so it's not all about work

Forget the old concept of retirement and the rest of the deferred-life plan - there is no need to wait and every reason not to, especially in unpredictable economic times. Whether your dream is escaping the rat race, experiencing high-end world travel, earning a monthly five-figure income with zero management, or just living more and working less, this book is the blueprint.

This step-by step guide to luxury lifestyle design teaches:

- * How Tim went from \$40,000 dollars per year and 80 hours per week to \$40,000 per MONTH and 4 hours per week
- * How to outsource your life to overseas virtual assistants for \$5 per hour and do whatever you want
- * How blue-chip escape artists travel the world without quitting their jobs
- * How to eliminate 50% of your work in 48 hours using the

principles of a forgotten Italian economist

- * How to trade a long-haul career for short work bursts and frequent 'mini-retirements'.

This new updated and expanded edition includes:

More than 50 practical tips and case studies from readers (including families) who have doubled their income, overcome common sticking points, and reinvented themselves using the original book as a starting point

- * Real-world templates you can copy for eliminating email, negotiating with bosses and clients, or getting a private chef for less than £5 a meal
- * How lifestyle design principles can be suited to unpredictable economic times
- * The latest tools and tricks, as well as high-tech shortcuts, for living like a diplomat or millionaire without being either.

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