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Libro crudivegano, este libro es una maravillosa forma de aprender a alimentarse de una forma sanadora y consciente.

Iniciate al Rawfood y descubre los beneficios de una alimentación crudivegana.

"Todo lo que transmito en este libro es el resultado de mi propia experiencia, tanto en la historia de mi propia curación, como de las personas que he ayudado"

Contiene también más de 30 recetas crudiveganas en su interior fáciles de preparar que te aportarán una fuente extra de energía.

No lo dudes y compralo ya!

Title	:	La comida con vida
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