

# Descargar libros Cuina mare gratis (PDF | ePub | Mobi) Joan Roca DG Media



Després de dedicar els seus dos llibres anteriors a les tècniques culinàries, Joan Roca recupera, en aquest llibre, la cuina tradicional de les mares, les receptes de sempre, amb l'objectiu que tothom pugui cuinar a casa. Sense perdre el seu toc de qualitat, ens ofereix receptes sense complicacions, ni tecnicismes.

Quines receptes s'inclouen en el llibre?

- Receptes de tota la vida, les receptes de les nostres mares.
- Receptes de tota la vida adaptades a la cuina actual. Per exemple, receptes baixes en greixos.
- Plats de sempre però amb una versió modernitzada.

El llibre comptarà amb una distribució clàssica de receptes: entrants, peixos, carns, ous, verdures i postres; així com amb una breu introducció a les tècniques fonamentals de la cuina.

<b>Title</b>	:	Cuina mare
<b>Author</b>	:	Joan Roca
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<b>File Size</b>	:	14.60MB

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