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Ceviches y Cocina Peruana



Gilberto Sánchez Baigorria

Lea

El ceviche es el emblema de la cocina peruana, y a su vez una denominación que abarca una gran variedad de platos. El más conocido es el de pescado, que tiene la particularidad de que su ingrediente principal se “cocina” en el jugo de aromáticos limones, lo que le da una textura muy especial.

Podemos decir que la fusión es la característica principal de esta gastronomía, donde abundan también los alimentos originarios de esta parte del mundo (maíz, tomate, papa, ajíes) y la riqueza de la pesca del Pacífico.

El resultado es una cocina que vale la pena descubrir.

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